Time Schedule:
- Note: we will keep it a rolling schedule if we CAN.
- We will be following the men’s meet. Our start time may have to be slightly adjusted.
- We will adjust the schedule according to our entries.

Field events:
1:00    Shot Put
1:00    Pole Vault
1:00    Long Jump
1:30    High Jump
Following SP  20# wt
Following LJ Triple Jump

Track events:
1:00    Distance Medley Relay
1:20    5000 meter
1:45    55 hurdles
1:50    55 meter
2:00    Mile
2:10    400 meter
2:15    600 meter
2:25    800 meter
2:30    1000 meter
2:35    200 meter
2:45    3000 meter
3:00    1600 meter relay